

# Victorian School Readiness Funding: Several ways Parent-Child Mother Goose can benefit children in kindergarten

Parent-Child Mother Goose (P-CMG) is recognized by the Victorian Department of Education and Training's **School Readiness Funding** initiative as a program that can bring benefits to three- and four-year-old children in each of its three priority areas:

- Communication Development
- Wellbeing (social and emotional), and
- Access and Inclusion

## What is Parent-Child Mother Goose?

Parent-Child Mother Goose is an evidence-based group experience program that strengthens attachment and interaction between parents or carers and their young children by introducing them to the pleasure and power of using rhymes, songs and stories together. Research shows benefits to children's communication and social development and to enhanced parent-child relationships.

## What happens during a Parent-Child Mother Goose session?

Parents, carers and their children meet as a group with two trained facilitators once a week throughout the year, learning songs, rhymes and stories together. Facilitators model and nurture positive and joyful interaction between parents, carers and children, and encourage participants to use the material in their daily family routines and interactions with their children.

Through the program, parents and carers gain skills and confidence that help them create positive family patterns during their children's crucial early years. At the same time, children benefit from enjoyable, healthy early experiences with language and communication.

## Benefits from Parent-Child Mother Goose training

Our two day training will qualify your early childhood educators to run a Parent-Child Mother Goose program and will also strengthen their skills in:

- Developing children's spoken communication
- Building positive relationships with parents and carers

## Your Quality Improvement and Service Implementation plan

We invite you to consider several ways P-CMG could benefit and support your kindergarten community:

1. Introduce a weekly P-CMG program into your kindergarten service. Train two of your early childhood staff via our two-day training program which enables them to run the program.
2. Co-operate with one or more kindergarten services in your area to train two P-CMG facilitators who then run weekly programs for your respective services.
3. When options 1 and 2 are not possible, our two-day training program still represents valuable professional development for your early childhood educators, strengthening their skills and understanding in using songs, rhymes and oral (or signed) stories to support three- and four-year-old children's communication development, their sense of wellbeing and their inclusion.

## What is the cost of two-day training?

In suburban Melbourne, the cost is \$420 per participant. In regional areas, the cost is typically around \$450-\$500 to cover our trainers' travel and accommodation.

## For more information contact:

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