



Goose Gazette

Term 2 2016

1

Newsletter of Parent Child Mother Goose Australia Inc.

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Save the Date.....

P-CMGA Annual General Meeting

Thursday 6th October, 2016

Annual P-CMG Professional Development Gathering

Friday 7th October, 2016 @ Abbotsford Convent

We are on Facebook—see the latest news online

[https://www.facebook.com/
parentchildmothergooseaustralia/](https://www.facebook.com/parentchildmothergooseaustralia/)

Inside this issue

Save the Date	1
Facebook Page	1
Animal Songs & Rhymes ...	2
Baby Rhymes	3
The Princess and the Pea ...	4
PV Awards	5
Level 2 Certification	6
TTWF Applications	7
MG in Iran	8-9
Training & Events Update.	10

Level 1 Teacher Training

See Training & Events
Update for details.....10

- Blackburn, VIC—19th & 26th July
- Ascot Vale, VIC—22nd & 29th July
- Albury, NSW—4th & 5th August
- Murray Bridge, S.A.—15th & 16th August

cuddle...communicate...connect...



Animal Songs and Rhymes

These songs about animals may inspire action games and imitation, encouraging sounds and movement from babies through to young children.

Skip to My Lou

(Sing the chorus each time)

Chorus:

*Lou, Lou, skip to my Lou
Lou, Lou, skip to my Lou,
Lou, Lou, skip to my Lou,
Skip to my Lou, my darling*

Owls in the barnyard, tu-whit, to-who
Owls in the barnyard, tu-whit, to-who
Owls in the barnyard, tu-whit, to-who
Skip to my Lou, my darling

Roosters in the haystack, cock-a-doodle-doo
Roosters in the haystack, cock-a-doodle-doo
Roosters in the haystack, cock-a-doodle-doo
Skip to my Lou, my darling

Mice in the pantry, squeak, squeak, squeak....

Frogs in the bathroom, croak, croak, croak....

Chickens in the garden, cheap, cheap, cheap....

Flies in the buttermilk, shoo, shoo, shoo....

Cows in the meadow, moo, moo, moo.....

As Swift as a Swallow

As swift as a swallow,
As high as a house,
As slow as a snail,
As quiet as a mouse,
As proud as a peacock,
As red as a rose,
As fat as a pumpkin,
As pink as my toes.

Slowly, Slowly, Very Slowly

Slowly, slowly, very slowly
Creeps the garden snail.
Slowly, slowly, very slowly,
Up the wooden rail.

Quickly, quickly, very quickly
Runs the little mouse.
Quickly, quickly, very quickly
Round about the house.

Rhymes and Songs from Merrily, Merrily. Published by Australian Breastfeeding Association, 2010.





Term 2 2016

Baby Rhymes

Baby Hokey Pokey

(Sing to Hokey Pokey Tune)

Arms up, arms down
Arms up and you wave them all around,
Then tickle, wiggle, giggle, everybody goes.
That's how the baby hokey pokey goes.
Legs up, legs down
Legs up and you shake them all around,
Then tickle, wiggle, giggle, everybody knows
That's how the baby hokey pokey goes.
Tickle, tickle, tickle, tickle
Wiggle, wiggle, wiggle, wiggle
Giggle, giggle, giggle, giggle
That's how the baby hokey pokey goes.

Five Fingers

(A touch rhyme)

Five fingers on this hand,
Five Fingers on that hand.
A dear little nose,
A mouth like a rose,
Two cheeks so tiny and fat.
Two eyes,
Two ears,
And ten little toes,
And that's the way the baby grows.

Charlie Chaplin

(A nappy changing rhyme)

Charlie Chaplin went to France
To teach the ladies how to dance,
First he taught,
the Rumba, the Rumba, the Rumba
(*swing legs side to side*),
Then he taught,
The Samba, the Samba, the samba
(*raise legs ups*)
Then he taught,
The Kicks, the Kicks, the Kicks
(*split legs*)

This is the Way the Ladies Ride

(Bounce baby on knee. Begin gently and become more energetic with each verse)

This is the way the ladies ride,
Trit-trot, trit-trot,
(*Repeat verse*)

This is the way the gentlemen ride
Clip-clop, clip-clop
(*Repeat verse*)

This is the way the farmers ride,
Bumpety, bumpety, bumpety, bumpety BUMP!
(*Repeat verse*)





The Princess and the Pea

There was once a prince, and he wanted a princess, but then she must be a real Princess. He travelled right around the world to find one, but there was always something wrong. There were plenty of princesses, but whether they were real princesses he had great difficulty in discovering; there was always something which was not quite right about them. So at last he had come home again, and he was very sad because he wanted a real princess so badly.

One evening there was a terrible storm; with thunder and lightning, the rain poured down in torrents; indeed it was a fearful night.

In the middle of the storm somebody knocked at the town gate, and the old King himself sent to open it.

It was a princess who stood outside, but she was in a terrible state from the rain and the storm. The water streamed out of her hair and her clothes; it ran in at the top of her shoes and out at the heel, but she said that she was a real princess.

'Well we shall soon see if that is true,' thought the old Queen, but she said nothing. She went into the bedroom, took all the bed clothes off and laid a pea on the bedstead: then she took twenty mattresses and piled

them on top of the pea, and then twenty feather beds on top of the mattresses. This was where the princess was to sleep that night. In the morning they asked her how she slept.

'Oh terribly bad!' said the princess. 'I have hardly closed my eyes the whole night! Heaven knows what was in the bed. I seemed to be lying upon some hard thing, and my whole body is black and blue this morning. It is terrible!'

They saw at once that she must be a real princess when she had felt the pea through twenty mattresses and twenty feather beds. Nobody but a real princess could have such a delicate skin.

So the prince took her to be his wife, for now he was sure that he had found a real princess, and the pea was put into the Museum, where it may still be seen if no one has stolen it.

Now this is a true story.

by Hans Christian Andersen

Illustrated by Edmund Dulac





Calling for P-CMGP Nominations for this years Playgroup Victoria Awards

P-CMGA is looking for outstanding Mother Goose Programs and Mother Goose Facilitators at all levels who support children and families across the playgroup spectrum.

At P-CMGA we are looking to nominate a Mother Goose Program or Mother Goose Facilitator who has shown some or all of how they have helped to achieve outcomes that are beyond everyday good practice in the following areas as part of this years Playgroup Victoria Awards:

1. Improving the wellbeing of children and families, e.g.

- health and safety inclusion (welcoming all families to the playgroup and in all activities, making sure children are not left out)
- external support (helping parents find extra help for particular learning or health needs if required)

2. Improving the playgroup program, e.g.

- play and learning development

3. Improving the playgroup, e.g.

- physical space (indoor and outdoor areas)
- resources (books, craft, art, toys, equipment, recycled materials and how all these are used in imaginative ways)
- procedures and processes (parent communication, allergy plans, welcoming new families)
- staff (teamwork, turnover, mix of qualified and unqualified, experience)

4. Ongoing professional learning and development, e.g.

- staff training
- mentoring support networks (links with other playgroups, other early years professionals)

5. Improving inclusive interactions and partnerships with families, e.g.

- communication
- relationships
- family inclusion

If you are interested in nominating yourself or know of someone who could be nominated.

Please contact the Australian Regional Office: mothergoose@playgroup.org.au

NOMINATIONS OPEN JUNE 14TH





Goose Gazette

Term 2 2016

6

Level 2 Accreditation

If you are interested in attaining your Level 2 Certification.

Applications NOW OPEN for P-CMG Teacher Level 2

START THE PROCESS

Contact me!

pcmg.au.assess@gmail.com

I'm here to help

A.Liduina Davin

Assessment Secretary.





Welcoming Applications for experienced P-CMG Facilitators to apply to train as a P-CMG Teacher Training Workshop Facilitator (TTWF)

1. Write an application letter of 500 words outlining the following:

- Your passion for the P-CMG program;
- Your experiences of promoting P-CMG;
- Your experiences of running your P-CMG programs;
- Your experience with working with families and with children;
- Ensure you include a detailed reflection of your practices and how they follow the "At The Heart" principles;
- Detail your interest to become a trainer and why you think this would be a good role for you;
- Include some detail about yourself and your interests.

NB: Electronic clips of your program(s) will be accepted.

2. Add your CV to the application.

3. Please provide contact details of 3 referees with your application.

4. Send your application to the Regional Office of Parent-Child Mother Goose Australia:

ATTN: Regional Office Coordinator
Parent Child Mother Goose Australia Inc.
346 Albert Street, Brunswick, 3056

5. If your application is accepted, a TTWF trainer will contact you to arrange a visit to your P-CMG program to observe your program and to begin discussions with you.

6. If you are then accepted to commence training you will be required to co-facilitate at least four TTWF trainings without financial remuneration. Over these four trainings you will be expected to gradually increase your involvement and to ensure that throughout these four trainings you lead all components of the training at least once. The four trainings may be with the same trainer or with a variety of trainers. Where possible every effort will be made for you to train with 2 or 3 different trainers.

7. After each of the four trainings, there will be time set aside for you to reflect on your experiences with your supervising co-facilitator and to receive guidance.

8. After completion of the 4 trainings the trainers will discuss your skills and abilities and if successful you will graduate as a trainer. You will then receive a trainers' kit from the Regional Office and be eligible to run trainings and to receive remuneration for the training.





Mother Goose embraces deaf children and their parents in Iran

Several years ago Marilyn Dann, a P-CMG trainer and facilitator of the program at Taralye early intervention centre in Blackburn, met Dr Guita Movallali at an international conference focussing on early interventions for newly diagnosed deaf babies. Guita attended Marilyn's presentation on Parent-Child Mother Goose and instantly recognised an excellent philosophical and practical 'fit' to her work in Iran with under-privileged families.

Guita is an Assistant Professor at the Paediatric Neurohabilitation Research Centre, University of Social Welfare and Rehabilitation Services, in Tehran, Iran, a city of 20 million. She has worked with deaf children and their families for many years, particularly those in poor and disadvantaged circumstances.

Since that time Guita has remained in regular email contact with us. Together with her Masters and PhD students, she has made a large collection of Persian rhymes, songs and stories, and incorporated the principles and philosophy of P-CMG into a family centred program for deaf babies and their parents named *Faranak*, in memory of her own mother.

She came to Melbourne to train in P-CMG and stayed with Marilyn for 10 days. Jacquie Simpson and Jenny Tuck, two of our P-CMG trainers, very generously gave up a weekend to provide her with 1:1 training, at no cost. Guita's 'homework' was to tell Iranian folk tales to Marilyn and her husband, which they loved!

During the rest of her stay, Guita participated in P-CMG sessions at Taralye and also observed the full range of early intervention programs there.

Faranak is now 5 years old and Guita sent us the following delightful message and shared a photograph with us.





Goose Gazette

Term 2 2016

9

Now we have a very nice Iranian PCMG program (Faranak Program) in our clinic twice a week (for two groups), and every 6 month we start a new one.

I am train some of my students constantly, and we have a huge resource of songs, rhymes and stories now.

I recently started a new Instagram (social network) page for Faranak Program and we decide to do a new research project too. We have over 300 mothers from all around our country in our telegram in which every day we introduce songs and rhymes.

*I also published a book with some of our most lovable songs for families of deaf children.
I owe all of this to you.*

Next Sunday we have a birthday party for PCMG Faranak Program in our clinic, which I will send you some pictures.

*Kiss you
Guita*



cuddle...communicate...connect...



Goose Gazette

10

Term 2 2016

Training & Events Update:

Please register your interest for one of our upcoming training events by contacting the Regional Office:

- Level 1 Mother Goose Facilitator Training ;
- Goslings Workshops (for Early Childhood Educators);
- Mother Goose Gathering PD Workshop (for Level 1 & Level 2 Mother Goose Teachers)

BOOKINGS for Training Events will be advertised on the Parent Child Mother Goose Australia Inc. website

TERM 3—Level 1 Facilitator Training for 2016 NOW OPEN for bookings.

Fri 22nd & Fri 29th July Ascot Vale, Victoria

BOOKINGS OPEN —> <http://tix.yt/level-1-mg-facilitator-training-ascot-vale-t3>

Tues 19th & Tues 26th July Blackburn South, Victoria

BOOKINGS OPEN —> <http://tix.yt/level-1-mg-training-blackburn-south-t3>

***NB: This is an AUSLAN Interpreter Supported Workshop**

Mon 15th & Tues 16th August Murray Bridge, South Australia

BOOKINGS OPEN —> <http://tix.yt/level-1-mg-training-murray-bridge-south-australia>

Thurs 4th and Friday 5th August Albury, NSW

BOOKINGS OPEN —> <http://stks.be/level-1-mother-duck-teacher-training-albury-t3>

<http://www.playgroup.org.au/Programs---Projects/Parent-Child-Mother-Goose.aspx>

