



# Goose Gazette

Term 3 2016

## A word from the President

Hi everyone and welcome to our Term 3 newsletter. We have been very busy so far this year, and Catherine Ogilvy, our wonderful Regional Coordinator, is about to get even busier with the arrival of her second baby. We're so happy for Catherine and would like to thank her again for her dedicated and inspiring work with us and wish her all the best for the future.

Back at P-CMG, we are now getting ready for our AGM on the 6th of October. At the AGM we will be launching our new video resource, a major achievement for our organisation that we are thrilled with. You can read more about this on page 3 of the newsletter and see a three minute clip on our page via the [Playgroup Victoria](#) website.

The AGM is also a great opportunity to become involved in our Committee of Management. We meet once a term in Brunswick, and people are very welcome to Skype in. We need both office bearers and general committee members, so please let us know if you are interested.

On the 7th October, we will be meeting for our annual Gathering. This is a key event in our calendar so please save the date, with more information coming by e-mail soon. We will be exchanging songs, rhymes and stories, discussing the challenges of running programs, sharing successes and hearing from some special guest speakers whom we will announce soon.

We receive regular feedback that those who attend the Gathering find the experience both enhances professional development and nourishes personal well-being. Just as we see incredible changes within the families who attend our groups, so too we can discover new strengths and abilities within ourselves through taking part in this nourishing day. I am looking forward to seeing many new faces this year as well as some familiar ones.

**Gabi MacDonald**

Newsletter of Parent Child Mother Goose Australia Inc.

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### Visit our Facebook Page

<https://www.facebook.com/parentchild-mothergooseaustralia/>

cuddle...communicate...connect...



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## SAVE THE DATE

### The P-CMG Gathering

7th October, Abbotsford Convent

9.30 am—4.00 pm

**Tickets: \$100 Members, \$130 non-members**

*Registration and program details coming soon*

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### Come along to the P-CMG Annual General Meeting

**When:** 6th October, 2016, 5 pm

**Where:** Playgroup Victoria, 346 Albert St, Brunswick West

**RSVP:** [mothergoose@playgroup.org.au](mailto:mothergoose@playgroup.org.au)



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## Launch of P-CMGP Australia films

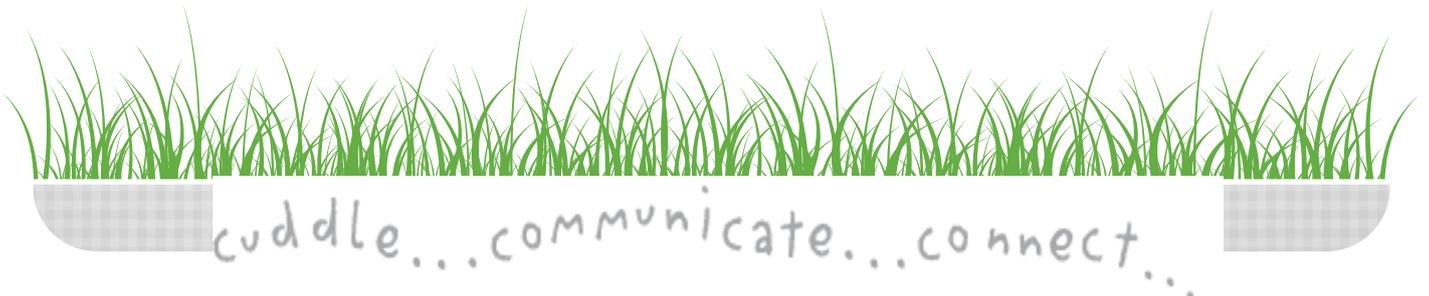
We are thrilled to announce that PCMG Australia has brought to fruition our long awaited Australian film projects. As many of you know, the Committee have been working on this concept for many years. 'At the heart: Parent-Child Mother Goose in Australia' celebrates over 10 years of PCMGP in Australia, we anticipate that this will be a wonderful addition to our PCMGP facilitator training.

The 30 minute film showcases the experience and passion of facilitators and families attending local programs, together with Australian Early Childhood and parenting expertise. 'Essential elements at the heart of the Parent-Child Mother Goose Program' is a short snapshot animation of the 'At the Heart' principles.

The project was filmed and produced by Melbourne-based film maker Andrea Day. Andrea is a skilled and experienced film maker and photographer, producing several early childhood and early childhood intervention film and photography projects. She is also a trained and experienced PCMGP facilitator, beginning her connection with the magic of Mother Goose as a parent participant.

Come and join us at our 2016 AGM and Annual Gathering (details on page 2) as we proudly launch: **'Essential elements at the heart of the Parent-Child Mother Goose Program'** and **'At the heart: Parent-Child Mother Goose in Australia'**. We look forward to sharing our much anticipated films with you.

**Jacque Simpson**  
PCMG Australia Committee Member





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## Calling for experienced P-CMG Facilitators to train as Teacher Training Workshop Facilitators - closes Oct 11th

1. Write an application letter of 500 words outlining the following:

- Your passion for the P-CMG program;
- Your experiences of promoting P-CMG;
- Your experiences of running your P-CMG programs;
- Your experience with working with families and with children;
- Ensure you include a detailed reflection of your practices and how they follow the "At The Heart" principles;
- Detail your interest to become a trainer and why you think this would be a good role for you;
- Include some detail about yourself and your interests.

*NB: Electronic clips of your program(s) will be accepted.*

2. Add your CV to the application.

3. Please provide contact details of 3 referees with your application.

4. Send your application to the Regional Office of Parent-Child Mother Goose Australia:

ATTN: Regional Office Coordinator  
 Parent Child Mother Goose Australia Inc.  
 346 Albert Street, Brunswick, 3056

5. If your application is accepted, a TTWF trainer will contact you to arrange a visit to your P-CMG program to observe your program and to begin discussions with you.

6. If you are then accepted to commence training you will be required to co-facilitate at least four TTWF trainings without financial remuneration. Over these four trainings you will be expected to gradually increase your involvement and to ensure that throughout these four trainings you lead all components of the training at least once. The four trainings may be with the same trainer or with a variety of trainers. Where possible every effort will be made for you to train with 2 or 3 different trainers.

7. After each of the four trainings, there will be time set aside for you to reflect on your experiences with your supervising co-facilitator and to receive guidance.

8. After completion of the 4 trainings the trainers will discuss your skills and abilities and if successful you will graduate as a trainer. You will then receive a trainers' kit from the Regional Office and be eligible to run trainings and to receive remuneration for the training.





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## Level 2 Accreditation

If you are interested in attaining your Level 2 Certification.

Applications NOW OPEN for P-CMG Teacher Level 2

### START THE PROCESS

Contact me!

[pcmg.au.assess@gmail.com](mailto:pcmg.au.assess@gmail.com)

I'm here to help

A.Liduina Davin

Assessment Secretary.





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## Parent-Child Mother Goose Facilitator Position

Jesuit Social Services have two current PCMG style programs running for (Non- English Speaking backgrounds) EAL families in Flemington and Dandenong.

### Debney Meadows Primary School Flemington

100 Victoria St Flemington

Wednesdays

9-12pm

During school term.

Included community engagement duties.

### Dandenong Library

225 Lonsdale Street, Dandenong

Fridays

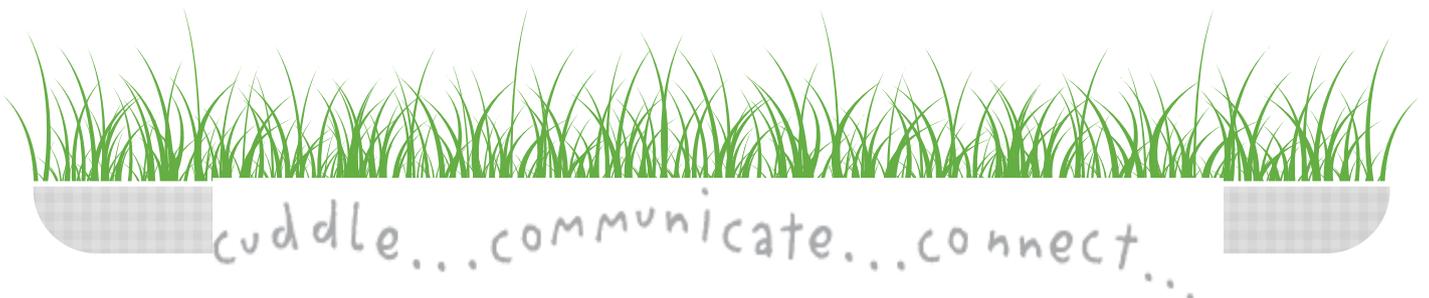
10:00-1:00pm

During school term.

Included community engagement duties.

Please contact Carole on 0400 860 033 for further information.

Applications can be sent to Carole PondevieLay at [Carole.PondevieLay@jss.org.au](mailto:Carole.PondevieLay@jss.org.au)





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## Joining PCMGA Committee of Management

Would you like to be more involved with Parent-Child Mother Goose Australia? Would you like to help us grow and become even stronger and more effective in giving families and children the best possible start in life? Would you like to help build the capacity of communities by helping support resilient families? Our committee is made up of dynamic and experienced early childhood professionals . We meet once a term in Brunswick and would love some new people to join us. Please contact the Regional Office of Parent Child Mother Goose Australia, for more information regarding becoming a Committee Member: [mothergoose@playgroup.org.au](mailto:mothergoose@playgroup.org.au)

We are looking for people who:

Understand and are committed to the not for profit sector.

- Preferably have an understanding of, or experience with family's requiring additional support.
- Have a desire to build, support and govern a successful and highly respected organisation.
- Have enthusiasm, creativity and are willing to dedicate time to help manage a successful organisation, exhibit competent business and community organisation acumen .
- Have proven skills in a range of areas such as advocacy, accounting, financial, legal, human resources, marketing or communication and information technology; investment or finance or government liaison skills in particular.
- Experience on committees, while desirable, is not essential.





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## Connecting with families

Three years ago the PCMG program at Taralye in Blackburn was privileged to welcome a mum with her 2 year old son who had disabilities. They attended Mothergoose for about 2years. Sadly, at age 5 the little boy died.

I attended a memorial gathering to celebrate his life. Many other Taralye Mothergoose families who knew the family also attended. It was lovely to share fond memories and hear how important Mothergoose had been to this family.

It was important as a program that brought pleasure to this child but also to his parents and older brother who sang Mothergoose material daily with him.

The little boys funeral had been held privately a week earlier and his mum shared with me that a very important part of the funeral service was to sing the lullaby "I See The Moon" which had been a favourite for their darling son.

How privileged Mothergoose facilitators are to support our participants through the good and the hard times

From **Jenny Tuck**





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## Songs and Rhymes

### Chay Chay Koo-lay (West Africa)

Chay chay koo-lay                      Hands on your head

Chay chay koo-lay                      Hands on your head

Chay chay kofeesa                      Hands on your shoulders

Chay chay kofeesa                      Hands on your shoulders

Kofeesa langa                              Hands on your waist

Kofeesa langa                              Hands on your waist

Kaka shilanga                              Hands on your knees

Kaka shilanga                              Hands on your knees

Koom aden day                              Hands on your ankles

Koom aden day                              Hands on your ankles

Koom aden day                              Hands on your ankles

Koom aden day HEY!                      Hands on your ankles HEY!

<http://www.songsforteaching.com/folk/kyekyekule.htm>





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## Songs and Rhymes

### What's the Weather Like Today?

(To the Tune of 'Oh My Darling Clementine')

What's the weather,  
 what's the weather,  
 what's the weather like today?  
 Is it sunny, is it raining,  
 is it windy out today?

### Ten Little Fingers

I have 1, I have 2, I have 3 little fingers  
 I have 4, I have 5, I have 6 little fingers  
 I have 7, I have 8, I have 9 little fingers  
 10 little fingers on my hands.

They can wiggle, they can wiggle, they can wiggle in the morning  
 They can wiggle, they can wiggle, they can wiggle in the evening  
 They can wiggle, they can wiggle, they can wiggle in the moonlight  
 10 little fingers on my hands  
 (Repeat for 'clap' and 'tickle'.)

<https://www.youtube.com/watch?v=Dj-mk-ZrRxl>

cuddle...communicate...connect...